

# Composition 4 140317

1 **Impro.1** On line / Free line /without Motif

---“In a whirlpool”

---“Old man standing motionless in debris fields”

—15min

**Impro. 2** On line / Free line / with Motif

---“Wave of heart surging again and again”

—30min

2 **Stop** On line / all stop /

3 **Impro.3** On the line / from silent From Silent

---“In a whirlpool”

—40min

5 **Flower** Put flowers in front of wall.

6 **Self-Introduction** toward Audience, gradually toward outside.

---Happy Birthday / “Six grave post”

7 **Back steps** into the dark

8 **Refugees** Group Walking, very slowly, replacing each position, Inner rhythm, diagonally

9 **“DADA” in Refugees** Going out of group, trying to “DADA” one by one.

10 **Broken Daily life**

---“So What !”

11 **Daily Walking**

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--Non Style, keep energy inside.

12 **Impro.4 with Broken Walking**

--- **Under Over the rainbow** to a whirlpool again

13 **Still standing, still walking**

• Show the will of someone to continue walking

• Making progress with “Here and Now”

This means that our walk is advancing forward

Walking is not for show.

• Insert Personal Motif [ as Walking

• Not too much

• How to receive it

• Making landscape